

# THE TRUTH: WHAT'S IN A CIGARETTE?

Cigarette Smoke contains over 4,000 chemicals. Smoking is the largest cause of preventable death in the Western World. The more cigarettes a person smokes the greater the risk of harm to their body. Even if you don't smoke, you can be harmed by the chemicals from smoke just by being around others who are smoking.

Car Exhausts  
(Carbon Monoxide)



Pesticide  
(Nicotine)



White Ant Poison  
(Arsenic)



Moth Balls  
(Naphthalene)



Rocket Fuel  
(Methanol)



Floor Cleaner  
(Ammonia)



Poison used in gas Chambers  
(Hydrogen Cyanide)



Car Batteries  
(Cadmium)



Insecticide  
(DDT)



Embalming Fluid  
(Formaldehyde)



Paint Stripper  
(Acetone)



Lighter Fluid  
(Butane)



Reproduced with permission from the Smarter than Smoking Project, Western Australia, 2008.