



COMMUNITY NOTICEBOARD

As the Community Facilitator, I believe Garden Gates is a hub of talented people and this will be the first in a series showcasing the various talents and entrepreneur skills of our residents. Ring me if you would like to be included in our community newsletter.

Nutrimetics

Your Nutrimetics consultant is Renee Clucas, Phone: 0450 785 889.

Nutrimetics uses the finest ingredients to create products that nurture, pamper and protect your skin for a more beautiful you naturally.

Renee is offering an obligation free personal facial and pampering to chase away those winter blues. However, if on another occasion you would like to invite 2 friends to share in this pampering spa experience and receive half price shopping plus a further gift just to say thank you Renee is only a phone call away - 0450 785 889.

Renee is also available to help you with a fantastic business opportunity to work in your own time and supplement the family income and 'live the life you love!'

Milk Maid Maternity Wear

The Macarthur region's title as the 'booming capital of Sydney' requires a service not provided in this area. Milk Maid Maternity Wear, the only maternity outlet in this area, offers quality, affordable maternity, breastfeeding, nursing clothes and baby wear.



Our aim is to provide quality, unique, trendy designer clothing for both maternity and breastfeeding at prices that are unbelievable and to stay under big store prices i.e. our prices start from \$7 up to \$40. Plus we cater for the real woman our collection comprises sizes 6 through to 20.

We have an online business to further help reduce overheads and to pass on the savings to our customers.

Visit www.milkmaidmaternitywear.com and be impressed!

Or call us to visit our showroom (hours by appointment)

Tania: 0408 882 252 or Brenda: 0413 387 245.



Garden Gates Community Facilitator:
232b Mt Annan Drive, Mt Annan NSW 2529
Phone: 0407 280 333
Landcom is pleased to provide an
interpreter and translation service for clients.
If you need an interpreter phone 131450
and quote Landcom as the client.
This is a 24-hour service.



GARDEN GATES NEWSLETTER

AUGUST/SEPTEMBER 2009

Hi, this is Ann Bianco from Macarthur Diversity Services Inc., Community Facilitator, engaged by Landcom to deliver the Garden Gates "Welcome Program".

Spring is beckoning and Father's Day is knocking. So time to shake out your party clothes and get ready for all the activities happening in and around your community!

A FATHER'S DAY INVITATION



Not to be outdone by the mums
The fathers will be having fun
My dad and I - we know the score
Time to visit the local store

With free pizza, fizz and time to sit
I just want to say
"Thanks dad, I'm glad you're mine"

Head down to the park to seek me out
Food and drink vouchers
Will be yours without doubt!

We look forward to welcoming everyone celebrating Father's Day

When: Father's Day, Sunday 6th September

Time: Between 4.30 - 5.30pm

Where: Find Ann at the Playground's ½ basketball court opposite Lake Side Café.



PLAYGROUP

WHEN: Every Thursday

TIME: 10am - noon
except for school holidays

WHERE: Flower Power

Playgroup now has their own facilitator - Ann. On her first day the children were absolutely thrilled with her nurturing and playful presence.

Ann has some great activities planned from 'golf ball' painting, hands-on 'home made' play dough, fancy dress, singing, picnics & story telling to just doing the "hokey pokey"!

The giant outdoor painting easel is very popular so don't forget to bring an 'ole' shirt for a paint smock and a piece of fruit to share.

Playgroup is hosting a day in the Botanic Gardens with games and a BBQ on the 27th August. You are very welcome to join us, just ring Ann on 0407 280 333 for details.



I'm very happy to welcome our newest member to Playgroup! **Cameron Angus Siemon** born on 7th August to Fran and John, weighing a healthy 4.05kg. Cameron is pictured with his sister and brother, Lilly and Lachlan.



HEART FOUNDATION LAKE WALKERS



So much is happening...

Last week a ranger from the National Parks paid a visit to discuss possible activities in the William Howe Regional National Park.

If you cast your eye skywards towards the south you will see the Park. I walked with Kathleen, the ranger, and was amazed at the spectacular views all the way back to Razorback.

A pair of wedge tail eagles has made their home in the Park, plenty of bird life, heaps of walking tracks although steep in most places and great bush trekking on the doorstep of a major city.



Picnic tables abound and seats are placed at great vantage points to take advantage of the beautiful vista.

We are indeed very fortunate to have this National Park at Garden Gates.

Did you know the majority of National Parks do not allow dogs but within this park they are welcomed as long as they are on a leash

Please watch this space for future exciting activities with the Lake Walkers!

COFFEE HOUR



Every Tuesday a few of us gather on the verandah of the Lake Side Café and have found it to be a most pleasant way to take time out for 'you' and chat.

Please join us... the days are getting warmer and the conversation hotter!

WHEN: Every Tuesday

TIME: 1.30 pm

WHERE: Lake Side Cafe

If you need to confirm or want information on any event advertised in this newsletter, just call Ann on 0407 280 333.

MEET YOUR NEIGHBOUR

Although a popular event 'Meet Your Neighbour' is competing with football! So in recognition of sport lovers we are moving 'Meet Your Neighbour' to Friday evenings (i.e. the last Friday of the month).

The August 'Meet Your Neighbour' evening has been moved to the last Friday evening in September on the 25th from 6 - 7.30 pm.

My aim is to make this fun and stress-free to fit in with today's demanding, busy lifestyle by providing free dinner, wine and refreshments.

From time to time we will also have interesting guest speakers to keep you informed of what's happening around you.

All you need to do, for catering purposes, is confirm your intention to come a couple of days prior to the event on 0407 280 333.



WHEN:

Last Friday of the month from September 25th 2009 onwards

TIME: 6 - 7.30pm

WHERE:

Landcom Sales Centre
Mt Annan Dr

WHAT'S HAPPENING IN YOUR COMMUNITY



From 5th - 20th September, 2009

- Sunday 5th - Sunday 14th:** History Week
- Wednesday 9th:** Seniors Lunch at Belgenny Farm
- Saturday 12th:** Cinema Under The Stars, Mount Annan Botanic Garden
Camden Town Farm Open Day
- Sunday 13th:** Food, Wine and Music Festival
Belgenny Reserve, Camden (not Belgenny Farm)
- Wednesday 16th:** Kids Fun Day, Curry Reserve, Elderslie
- Saturday 19th:** SK8-OPIA, Kirkham Skate Park
Orienteering Come-and-try-it, Onslow Park
Camden Park Open House
- Sunday 20th:** Goulburn to Citi Cycle Classic
Lions Street Fair, Argle Street, Camden
Camden Park Open House

2009 Camden Rotary Relay for Life

Building a Cancer Smart Community

A team event to fight cancer - all money raised goes to the Cancer Council NSW to be put back into cancer research and cancer education and prevention initiatives.

When: Sat 12th to Sun 13th September, 2009

Time: This is an overnight team event, where members of each team take turns in walking a track from 10am Saturday to 10am Sunday

Where: At Onslow Park, Cawdor Road, Camden

Activities during the event will include:

- **The Survivors Walk:** First lap of the Relay to celebrate those who are surviving cancer
- **The Candlelight Ceremony of Hope:** A special time to remember those we have lost to cancer
- **Music And Entertainment:** An array of local entertainment to help us smile while walking
- **Food And Refreshments:** Will be available for purchase from local community groups
- **Camping Out Option:** Be part of the campground atmosphere as the Relay continues through the night

To register a team or be a Sponsor of the event: Contact Jo Cheesman on 9354 2004 or visit www.relayforlife.com.au/nsw

To make a donation: Contact the Cancer Council on 9354 2000 or visit www.relayforlife.com.au/nsw and select Camden Rotary.

